# Fetal hydrocephalus

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# Fetal hydrocephalus





- Not uncommon (MMC/Chiari 2 excluded)
- Either mid- or late gestation, never acute
  - ultrasonography at 12w, 22w, 32w,
- Definition: hydrocephalus versus "ventriculomegaly"
- Ability to recover
- Aqueductal stenosis as the major etiology

#### Fetal hydrocephalus: material

- 41 cases in two groups, no overlap
  - 30 cases mid-gestation (19.4w-26.4w)
  - 11 cases late gestation (32.2w-38.4w)
- Follow-up, treatment: 8 cases
  - 5 cases mid-gestation (22.5w-26.2w)
  - 3 cases late gestation (38w-38.4w)

# Fetal hydrocephalus vs fetal ventriculomegaly

- 1. Disproportionate ventriculomegaly
- 2. Effacement of pericerebral spaces
- 3. Cerebral mantle: thinning, dehiscence
- 4. An identified cause
- 5. Rupture of septum pellucidum
- 6. Macrocephaly
- 7. Follow-up and response to treatment





# Fetal ventriculomegaly

- Measured at the atrium, on largest side
- Usually 5-8mm throughout gestation
- May be benign (reversible) or destructive
- By convention
  - normal <10mm</p>
  - mild VM 10-15mm
  - moderate 15-20mm
  - severe > 20mm



# Fetal hydrocephalus

- Measured at the atrium, on the largest side
  - symmetric in 9/41
- Active expansion of ventricles (obstructive)
- Cases of hydrocephalus
  - in 34/41: at, or larger than, 20mm
  - smallest 14.1mm (familial aqueductal stenosis)



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Wall defect: always early hydrocephalus with effaced pericerebral spaces

# Fetal hydrocephalus: an identified cause

- Mid-gestation
  - aqueductal stenosis 28/30
    - hemorrhage in 1
  - others 2/30: AVF torcular (1), retro-cerebellar cyst (1)
- Late gestation
  - aqueductal stenosis 6/11
    - hemorrhage in 4
  - others 5/11:
    - vermian mass (1),
    - cysts (1 each): suprasellar, quadrigeminal, latero- and retro-cerebellar

# Fetal hydrocephalus: head measurements

- Evaluation of macrocephaly
  - from BPD and HC
  - HC =  $\frac{1}{2}$  (BPD+ FOD) x 3.14
- Quantified in weeks from average
  - but wide variations from average
- Results
  - BPD consistently above average
  - for HC, mostly increased but 6/40 are at, or slightly below average
    - poor cerebral growth due to hydrocephalus?

Normal twin	Hydro twin
+ 0.2	+ 3
+ 2.4	+ 4.3
+ 4.3	+ 3.5
+ 2.2	+ 4



# Fetal hydrocephalus: severity

- Moderate:
  - patent cerebral mantle
  - patent pericerebral spaces
- Severe:
  - effaced pericerebral spaces
- ces Ces
  - dehiscent cerebral mantle: postero-medial mantle thinning and disruption (early only?)
- Mid- versus late gestation

Humphreys et a. Focal cerebral mantle disruption in fetal hydrocephalus. Pediatr Neurol 2007, 36 (4):236-243



normal (24w)

moderate (23w) aqueductal stenosis

severe (21.5w) aqueductal stenosis

Mid-gestation



normal (35w)

moderate (32.4w) aqueductal stenosis

severe (35.4w) hemorrhage aqueductal stenosis

Late gestation

# Fetal hydrocephalus: morphological severity

- Moderate:
  - patent cerebral mantle,
  - patent pericerebral spaces
- Severe:
  - defect cerebral mantle
  - effaced pericerebral spaces
- Mid- versus late gestation

	moderate	severe
Mid- gestation	13/30	17/30
Late gestation	5/11	6/11

- What is the fetal pericerebral space due to?
- Wide in fetuses, not in preterms
  - post-natal CBF change: pulmonary, atrial foramen, ductus arteriosus
    - $\rightarrow$  drop of venous pressure
  - different absorption mechanisms? (absorption routes, AQPs)
  - elastic skull, amniotic pressure



# Fetal hydrocephalus: morphology summary

- Mid-gestation: 30 cases
  - overwhelmingly idiopathic aqueductal stenosis (27/30)
    - 1 each: AVF, midline cyst, hemorrhage
  - more often severe (17 vs 13)
- Late gestation 11 cases
  - idiopathic aqueductal stenosis 2/11 only
    - other 9: hemorrhagic 4, tumor 1, midline cysts 4
  - slightly more often severe
- Mantle dehiscence: specific for early occurrence?



#### Fetal hydrocephalus: evolution, outcome

- Only 8/40 cases F/U and treatment
  - 5 cases mid-gestation
  - 3 cases late gestation
- Mid-gestation 5
  - 2 moderate hydrocephalus  $\rightarrow$  fair/good morphologic outcome 2
  - 3 severe hydrocephalus  $\rightarrow$  poor morphologic outcome 2, deceased 1
- Late gestation 3
  - 3 moderate hydrocephalus  $\rightarrow$  good morphologic outcome 3

# Mid-gestation histogenesis

- Weeks 20-27
- Neuronal migration essentially completed
  - period of thalamo-cortical connectivity (weeks 22-27)
  - initiates cortical organization with later association-commissural connectivity
- Early cortical vascularization
  - week 22 onward
- Germinal matrices
  - mantle matrix  $\rightarrow$  28w

#### Late gestation histogenesis

- Weeks 31-47
- Intense connectivity-synaptogenesis
  - cortical organization with long association-commissural (27-32w) and short association (32-47w)
  - associated developing sulcation
- Intensely developing oligodendroglia
- Developing cortical vascularization
- Germinal matrices
  - ganglionic eminence matrix regresses <36w</li>







moderate, 23w (aqueductal stenosis)



same 30w, delayed but developing sulcation

Early hydrocephalus does not prevent, or only in part, the development of connectivity and sulcation



moderate, 25.4w aqueductal stenosis

same, 3 d sulcation post shunt



#### same, 8m/o

Early moderate Follow-up







severe, 23.4w aqueductal stenosis









same,1d change in posterior fossa partial sulcation









same, 4m post VP shunt







#### late moderate aqueductal stenosis



congenital, but possibly early severe



### Potential factors of recovery

- Persistent expression of signaling pathways for axon growth/ branching
- Axonal progression and branching mostly subcortical
- Myelin: most potent inhibitor of axonal development
  - induced by neuronal activity
  - myelin associated inhibitors MAIs limit potential for axon development
    - essentially no hemispheric myelination before term

Bonfanti Prog Neurobiol 2006; Fancy et al Ann Rev Neurosc 2011; Akbik et al Exp Neurol 2012

#### Fetal hydrocephalus: causes

- Mid-gestation: 30 cases
  - overwhelmingly idiopathic aqueductal stenosis (27/30)
    - 1 each: AVF, midline cyst, hemorrhage
- Late gestation 11 cases
  - idiopathic aqueductal stenosis only 2/11
    - others: hemorrhagic 4/11, tumor 1, midline cysts 4
    - quite similar to post-natal

### Aqueductal stenosis: etiologies

- Possible mechanisms
  - primarystenosis, or secondary to hydrocephalus
  - TORCH: toxoplasmosis, mumps
  - undocumented hemorrhage, inflammation
  - low grade glioma/hamartoma
  - malformative (Dorothy Russell, 1955)
- Context
  - twin pregnancies (10%), siblings (1 family)
- Feto-pathology & animal models
  - subcommissural organ SCO
  - ependymal denudation



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#### Aqueductal stenosis: causes

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holoprosencephaly 33,5w

septo-optic dysplasia 30w

#### What is not hydrocephalus





L1CAM/CRASH (X-linked hydrocephalus)



Walker Warburg 31w



hydranencephaly 35w

## To try to summarize

- Patterns of early (mid-gestation) fetal hydrocephalus seem to be characteristic
  - overwhelmingly due to "idiopathic" aqueductal stenosis
    - ependymal denudation, SCO
  - well defined severity patterns
    - related morphological recovery potential
- Late fetal hydrocephalus more similar to post-natal
- Pathogenesis still more difficult than in post-natal
- Fairly reliable diagnostic features